Where's My House?

A resident who lives in one of the houses on a street has lost her way. Asking someone in the neighborhood, she is told only "Oh, your house number is unusual - it's the one where the numbers of the houses on one side of it sum to the same amount as the numbers of the houses on the other side." Upon hearing this, she remembers something about her street: The house numbers on the street are consecutive numbers, starting with 1.

How many houses are on the street? Can she make it home?