

Prioritizing PrEP

What is it?



- PrEP stands for pre-exposure prophylaxis.
- It is a medicine that prevents HIV by taking one pill every day.
- PrEP works to build up your immune system before you are exposed to the virus.



Who should take PrEP for HIV?

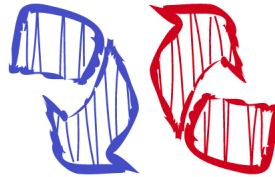
- Anyone who does not use protection during sex and does not know the HIV status of their partner!
- Gay and bisexual men are most at risk for HIV, making up 67% of new cases each year.



Why PrEP?

It can reduce:

- Anxiety
- Chances of getting HIV from sex by about 99% when taken daily



It can boost:

- Sexual esteem
- Satisfaction
- Perception of empowerment and agency

Remember

You should not stop using condoms if you take PrEP. PrEP does not protect you against other illnesses like chlamydia or gonorrhea.

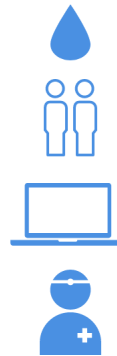


Did you know?

PrEP works even better preventing HIV when used with condoms and other methods.

Next Steps

1. Get tested for HIV to find out your status.
2. Talk with any sexual partners about their HIV status and protection methods.
3. Learn more about PrEP by visiting www.cdc.gov/hiv/basics/prep
4. Visit your doctor if you think taking PrEP might be right for you.



Did you know?

You can visit the Health Center to get tested for HIV and discuss PrEP without even leaving campus!

References

Centers for Disease Control and Prevention. *HIV and Gay and Bisexual Men*. 9 September 2019. <<https://www.cdc.gov/hiv/group/msm/index.html>>.
 —. PrEP. 9 September 2019. <<https://www.cdc.gov/hiv/basics/prep.html#How-well-does-PrEP-work>>.
 Grant, Robert and Kimberly Koester. "What people want from sex and preexposure prophylaxis." *Current Opinion in HIV and AIDS* 11.1 (2016): 3-9.
 Whitfield, Thomas H.F., et al. "The Impact of Pre-Exposure Prophylaxis (PrEP) Use on Sexual Anxiety, Satisfaction, and Esteem Among Gay and Bisexual Men." *The Journal of Sex Research* (2019).