

Inputs	Activities	Outputs	Short Term Outcomes	Intermediate Outcomes	Long Term Outcomes
<p>Staff to conduct program</p> <p>Athletic directors</p> <p>School principal</p> <p>Time</p> <p>Money</p> <p>Materials</p> <p>Equipment</p> <p>Stakeholders</p>	<p>Partner with high school athletic programs in Santa Clarita</p> <p>Inform coaches about program</p> <p>Educate squad leaders and prepare them to present information to peers</p>	<p>Support from all six schools with access to classrooms and resources</p> <p>Groups formed and squad leaders assigned</p> <p>Squad leaders from each school complete 2-hour training session</p>	<p>Athletes attend 8 sessions led by squad leader</p>	<p>Athletes gain more knowledge and understanding of topics related to the female athlete triad, sports nutrition, and healthy body image</p>	<p>Fewer symptoms related to the female athlete triad reported by student athletes such as injury and disordered eating.</p>